

We are an accredited Breastfeeding Friendly Workplace.



Balancing work commitments with a baby's needs can be challenging. Support and understanding from management and co-workers can make a real difference to a mother's successful return to work after maternity leave.

Breastfeeding Friendly Workplace (BFW) accreditation has been awarded by the Australian Breastfeeding Association (ABA) to our organisation, as we provide three criteria to support breastfeeding employees in the workplace. This enables them to balance their work and family commitments.

- **Space** — a dedicated or shared room where an employee can comfortably breastfeed and/or express breastmilk in private, or flexibility to feed outside of the workplace.
- **Time** — a breastfeeding policy/guideline, which outlines our support structure and includes the provision of lactation breaks so women may breastfeed or express breastmilk during working hours.
- **Supportive Culture** — a comprehensive communication strategy to ensure that information regarding breastfeeding support reaches all stakeholders and normalises breastfeeding in our work environment.
You can make a difference through awareness and support of your breastfeeding co-workers as they manage this temporary, but often challenging time.

Breastfeeding information and support services and resources can be found on the ABA website breastfeeding.asn.au

If you have any questions regarding our BFW accreditation, please contact:



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Accredited by the
Australian Breastfeeding Association



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